

Tummy troubles? Speak to your doctor



If you have had any of these tummy troubles for 3 weeks or more, speak to your doctor:

your tummy feels uncomfortable



you feel bloated



you have diarrhoea or runny poo



It is probably nothing serious, but if it is cancer, finding it early makes it more treatable.

Speak to your doctor, they are here to see you safely.

Find out more at nhs.uk/cancersymptoms

